



Cancellation policy

Personal trainer must be notified of any cancellations 12 hours in advance of scheduled sessions. You must receive confirmation of cancellation from the trainer. If you do not appear for a scheduled appointment or fail to give 12 hours notice, you will be charged for the full session. Please contact personal trainer if you are going to be more than 5 minutes late for a session. Personal trainer will only wait 15 minutes for late arrivals and your sessions will start from the time agreed upon.

I _____ have read and understood this policy.

Signature: _____

Date: _____